



NATIONAL SERVICE SCHEME (NSS)

ACTIVITY REPORT 2023-2024



INDIAN INSTITUTE OF TECHNOLOGY, GUWAHATI

Activity Report of NSS, IIT Guwhati

1. Village Visit to Sila Katampur:

- Date: Feb 10, 2024

- Our recent village visit was a resounding success, marked by impactful initiatives including cloth distribution to those in need, a comprehensive field survey to understand community needs, and a heartfelt felicitation of our village's army personnel.



2. Educational Program in Adopted Village- Manikarneshwar:

- Date: Feb 11, 2024

- We're pleased to announce the successful organization of a teaching program in our adopted village, Manikarneshwar, Anandnagar. The initiative aimed to provide students with exposure to the importance of education for their betterment, offering interactive and fun-based learning experiences.



3. Essay writing and Poster Making on "Love Towards Humanity":

- Date: Feb 14, 2024

- The event, conducted on the occasion of Valentine's Day, resonated with participants who shared their perspectives through essay writing and poster making. The event witnessed enthusiastic engagement and creative expressions, culminating in the selection of compelling entries featured on our official Instagram handle.

4. Workshop on Mental Well Being:

- Date: Feb 14 - Feb 17, 2024

- The recent workshop on "Mental Wellbeing" in collaboration with CIKS (Centre for Indian Knowledge System) was a tremendous success. Led by Dr. Amit S Mishra, the workshop provided invaluable insights and practical techniques for achieving balance and resilience in our daily lives.



5. Interactive Session on Mountaineering and Adventure Sports:

- Date: Feb 16, 2024

- The session was organized in collaboration with the Sports Board, IIT Guwahati and Spirit, NSS Cell, IIT Guwahati, featuring Colonel Ranveer Singh Jamwal, Director of the National Institute of Mountaineering and Adventure Sports, and Colonel Ashok Puranik, Director of AIIMS Guwahati. Their inspiring experiences in conquering peaks and serving in the Indian Army provided invaluable insights to our students, enriching their understanding of adventure sports and resilience.

6. Cloth Distribution in Parijat Academy:

- Date: Feb 18, 2024

- The NSS team of IITG, in collaboration with the Finesse club, visited Parijat Academy on 18th February 2024. Led by Uttam Terron, the academy provides free education to over 60 students. During the visit, clothes were distributed to the children, alongside other activities organized by Finesse club members.

7. Essay Writing on Social Service:

- Date: Feb 20, 2024

- NSS successfully organized an essay writing event where students shared their most memorable social service experiences, including activities like blood donation, tree plantation, and food distribution. Participants reflected on the impact of their actions on both the community and themselves, while also offering insights on motivating others to engage in similar acts of service.

8. Kala Samridhi Seva:

- Date: Feb 18, 2024

- Here we (Unit-5) are in collaboration with FINNESS ARTS CLUB, IITG, once again with great excitement and passion.

Motive: - The main motive behind this KALA SAMRIDDHI SEVA campaign/event was to promote and enrich the importance and beauty of availing Arts in their lives. We had conducted few art activities like Origami art, drawing and few more with the Finness team in our adopted village, Anandnagar, Manikarneswar.



9. Village Visit Sila Katampur (Distribution of sanitary pads to women and girls):

-Date: April 11, 2024

Unit 06, along with Techniche IITG, organized a Menstrual Hygiene Awareness Drive in Sila Katampur village, aiming to distribute sanitary napkins and educate about their proper usage and disposal. The initiative highlights the affordability issue, emphasizing that menstrual hygiene should not be considered a luxury. Despite providing free pads, concerns about long-term accessibility persist, underscoring the need for sustained support. Taboos and shyness surrounding menstruation were observed, particularly among women, necessitating collective efforts to overcome these societal barriers. The initiative stresses the importance of women



supporting each other to break these taboos and foster acceptance. By making menstrual hygiene accessible and acceptable, the initiative seeks to empower women to pursue their aspirations unhindered. The campaign advocates for breaking the silence and stigma associated with menstruation, promoting open discussions and awareness. Encouraging participation and sharing ideas are crucial for further supporting this cause and ensuring its long-term impact.

10. Village visit for Bihu Celebration:

- Date: Jan 14, 2024

In a heartwarming celebration of cultural exchange, the NSS Cell of IIT Guwahati visited Changsari village on January 14th, 2024, to celebrate Bihu with the local community.



The NSS students felicitated the village elders, learned about Bihu's significance from the headmen, and visited the village Namghar. The villagers treated

the students to a special Bihu meal, followed by a joyous dance performance where everyone, including students, the Joint Student Coordinator (JSC) of the cell, and villagers, danced to the lovely Bihu music. This vibrant celebration fostered a sense of community and enriched the students' understanding of Assamese culture.



11. Republic Day Parade 2024:

-Date: Jan 26, 2024

In a remarkable showcase of precision and patriotic fervour, the NSS cadets from the NSS Cell, Indian Institute of Technology Guwahati took center stage during the 75th Republic Day Parade.

Platoon Commander, Joint Student Coordinator Miss Reeya Tamang, with flag bearer Yuvraj Singh led the contingent.



The cadets exhibited exceptional discipline and commitment, earning them the coveted 1st position in the parade. The synchronized movements and



unwavering spirit of the IITG contingent left a lasting impression, not only highlighting their dedication to the parade but also underscoring the institute's commitment to instilling values of unity and excellence in its students.

12. Online Quiz in Honor of

Dr. Ambedkar:

- Date: April 14, 2024

- Participants engaged in a series of fifteen multiple-choice questions, carefully crafted to test their knowledge and understanding of Dr. Ambedkar's contributions to Indian society.



Additionally, two subjective questions provided participants with the opportunity to express their thoughts on Dr. Ambedkar's relevance in contemporary times. The quiz aimed to deepen awareness and appreciation of Dr. Ambedkar's remarkable legacy among the student community.

13. Awareness Campaign in Village Agiyathuri:

- Date: March 16, 2024

- Volunteers conducted an impactful awareness campaign in village Agiyathuri, focusing on disseminating information about new criminal laws. Through education and engagement, they contributed to legal literacy in the community.



14. Study Abroad Awareness Session:

- Date: April 20, 2024

- Led by senior counselor Madhusmita Adhyapak from Leverage Edu, the session covered various aspects of studying abroad, including application procedures, scholarship opportunities, and selecting the right university. Attendees gained valuable insights into the benefits and challenges of international education, empowering them to make informed decisions about their academic future.



15. Cyclothon in collaboration with Prajwal Prayas Chapter-1 and Techniche

- Date: March 3, 2024

- Participants enjoyed a thrilling cycling experience, covering a scenic 6 km route starting from the New Student Activity Center (SAC). The event provided an opportunity for fitness enthusiasts to come together and push their limits in a supportive environment.



16. Self Defence Workshop:

- Date: November 12, 2023

NSS, IIT Guwahati organized a self-defense workshop aimed at empowering individuals with essential skills to protect themselves. The event likely covered various techniques and strategies for self-defense, including physical techniques such as strikes and blocks, as well as mental preparedness and awareness. These workshops are crucial in promoting personal safety and confidence among participants, equipping them with valuable tools to navigate potentially



threatening situations. Additionally, such initiatives foster a sense of community and solidarity among participants, promoting a culture of support and empowerment.

17. Session by Swami Bodhamayananda ji on Stress Management:

- Date: March 17, 2024

- Swami Bodhamayananda ji's session offered invaluable insights into stress management techniques inspired by Swami Vivekananda's teachings. Volunteers learned practical strategies for navigating daily challenges with resilience and positivity.

